

Free parenting seminar

The mysterious world of teens: survival tips for parents



Parenting SA



Are you the
parent of a teen or pre-teen?
Come and join us or watch our live webcast.

Find out:

- what's going on in your child's brain
- what it means to be a teenager in a digital world
- how best to communicate and what to do when things get tough
- what parenting style works best.

Presented by Kirrilie Smout, an Adelaide psychologist working with children, teens and their parents

Register to attend in person or view the live webcast at:

Online: <http://parentingsa.eventbrite.com.au>

Phone: 8303 1660

Email: health.parentingsa@health.sa.gov.au

This seminar is designed for an adult audience.

Wednesday 22 March

When: 7.00 - 9.00pm

Where: Riverbank Room
Adelaide Convention Centre
North Terrace, Adelaide

Presented by Parenting SA.
For more information about raising
children and teenagers visit
www.parenting.sa.gov.au or
www.cyh.com

Helping parents be their best



**Government of
South Australia**