2025 Junior School Interhouse Cross Country – Parent Information



Dear Parents and Guardians,

2025 Junior School Interhouse Cross Country

On Friday 11 April (Week 11) our Reception – Year 6 students will be participating in our Interhouse Cross Country competition, held at Bell Yett Reserve. Please refer to the below schedule to see when your daughter is racing.

Schedule			
Year Level	Time	Lesson	Distance
Year 6	11:25am – 12:15pm	Lesson 4	2km (4 laps)
Years 4 & 5	12:15 – 12:55pm	Home Group	2km (4 laps)
Reception & Year 1	1:50 – 2:40pm	Lesson 5	1km (2 laps)
Years 2 & 3	2:40 – 3:30pm	Lesson 6	1.5km (3 laps)

Families are encouraged to attend and support their daughter/s.

Students: Things to Remember

- Students can wear their PE uniform with House shirt all day.
- Prepare for the race properly. Good nutrition and hydration are key!
- Bring a water bottle with you to have a drink straight after the race.

Students, please remember – this event is about trying your best and representing your House. We hope to see all of you challenging yourselves to contribute to your House's overall result!

In the event of inclement weather, the event will be modified or cancelled to ensure the competition is run safely. Notifications will be sent via email if there are any changes.

If you have any questions, please contact me.

Kind Regards,

Megan Harper Junior School Sport Coordinator <u>mharper@stpetersgirls.sa.edu.au</u>

Course Map

