

SPORT	TEAM	BEST & FAIREST	COACHES AWARD or MOST IMPROVED <i>*please delete award that is not relevant</i>
Basketball	Senior B	Name: Januri Wagaarachchi Comments: Jan is consistent scorer for us each week, she has a well-rounded game and is such a strong competitor. She's a great team mate and always brings a positive attitude to our trainings and games.	Coaches Award Name: Isobel McArthur Comments: Always gives her best effort especially on game day. Is the first player back on defence and rebounding when our team needs it. Izzy has also grown in confidence since starting in Opens as a year 7, so coachable and a great teammate.
Basketball	Senior C	Name: Summer Bament Comments: For excellent effort and intensity throughout the term, leading by example offensively by always being aggressive to score and provide opportunities for her teammates, as well as always defending hard, gaining lots of intercepts and deflections	Coaches Award / Most Improved Name: Hope Sanders-Wills Comments: Excellent attitude and commitment to the team and program, was always encouraging of her teammates, bringing a positive energy to the team in addition to showing much improvement throughout the season
Basketball	Middle A	Name: Wei Ning Khoo Comments: Has consistently performed to a high standard each game in both offence and defence. Wei Ning was top scoring on multiple occasions. Wei Ning's willingness to put her body on the line to get steals and chase down defenders was excellent to see. Her high intensity and energy were a great asset to the team.	Coaches Award Name: Charlotte Dodd Comments: Charlotte is an excellent 3-point shooter and attacks the basket well. Charlotte has broad knowledge of the game and able to make the correct decisions for the team. Charlotte is always positive and encouraging her teammates.
Basketball	Middle C	Name: Imogen Wallace Comments: Imogen has made my life as coach much easier. She does exactly what is asked or required of her every game; be it handling and dribbling up the ball or as a target on offense. I've relied on her to organise the team defence time and time again, and not only does she excel in this, but she also shows tremendous leadership.	Coaches Award Name: Rishita Raghav Comments: Rishita has quietly achieved time after time on this team. Constantly in the right spots at the right time on offense and defence and has had a thankless job as a passing target, with limited opportunities to bring the ball down. Rishita is crucial in our team structure and has taken on any advice or instruction with great success.
Basketball	Middle D Blue	Name: Sindy Song Comments: Sindy displays fantastic basketball potential waiting to be harnessed. An incredibly capable and successful offense initiator for our team, her dribbling and passing skills get her teammates into great positions to be effective. Silently unassuming, but Sindy has great competitive spirit and does lead our team by example whether she knows it or not.	Coaches Award Name: Si Cheng Comments: Si's competitive drive and undeniable tenacity on defence is one of the main reasons for her winning this award. Si will give 100% on defence; every possession and in every game. Her cheerful and friendly disposition make her well-liked by teammates, and her continual effort in every respect grants her a worthy recipient of this.
Basketball	Middle D White	Name: Serena Li Comments: Serena is a vital part of this team. Our main ball handler and a pest on defence, Serena gives maximum effort on both ends of the floor. Serena has not missed a single training and genuinely tries in everything she does. Serena unknowingly leads the team by example constantly.	Most Improved Name: Angela Zhou Comments: Angela approached me at our very first training to let me know she has never played basketball before and didn't feel confident. Angela from that point onwards has never missed a training, listens intently, and tries to implement any and every instruction or tip given to her. Angela is every coach's dream student.

Cricket	Senior A	<p>Name: Lucy Lowry Comments: Her experience and natural leadership shone through in all aspects of the game. Batting: Lucy scored 89 runs for the season (SR 150.85 and Ave: 89.00) Bowling: Her best figures were 2/9 Lucy displayed great match awareness both while batting and in the field and gave the other girls around her a sense of confidence.</p>	<p>Most Improved Name: Phoebe Lucas Comments: Phoebe's improvement this season was great to see. Her power when batting was her strength scoring her 56 runs across the season with a SR of 136.59 and an AVE of 18.67. Her best bowling figures were 2/9. Phoebe was also an amazing asset in the field. Phoebe created many chances in the field including multiple run outs – including a direct hit from the boundary!</p>
Cricket	Senior B Blue	<p>Name: Winnie Vartuli Comments: Winnie showed a confidence in her abilities with the bat that inspired a general feeling of confidence within the team. She contributed with the bat consistently and demonstrated strong leadership on the field whilst keeping behind the stumps.</p>	<p>Coaches Award / Most Improved Name: Neela Malik Comments: Neela was the teams go to strike bowler. She was able to bowl with a vigour that the opposition found uncomfortable to deal with. She was also able to contribute with the bat as a genuine all rounder. She took coaching advice and worked to incorporate it into her game, regularly improving on technique with bat and ball.</p>
Cricket	Senior B White	<p>Name: Sophie Ricciuto Comments: Led the team with the bat, ball and in the field. Sophie was the leading wicket-taker, taking 7 wickets (@ SR 9.43 and AV 3.86), as well as scoring 40 with the bat at a SR of 85.11 (AV of 40, was only dismissed once!). More important though was how Sophie led in the field and always ensured that everyone on the team was engaged – a genuinely outstanding leader!</p>	<p>Most Improved Name: Amy Dillon Comments: Amy showed some key improvements in Term 1 2024. With the bat Amy was positive in looking for singles, calling and rotating the strike. This paid off with 38 runs, scored at a SR of 82.61. In the field as well Amy was dynamic, moving well and took two of the most remarkable catches I have seen in IGSSA cricket!</p>
Touch Football	Senior A	<p>Name: Chloe Richardson Comments: Chloe was a key component of our attacking side with her speed and agility, making her our leading try scorer and most try assists for the season. She also was a leader in our attacking side as she communicated effectively with the team about our attacking plays.</p>	<p>Coaches Award / Most Improved Name: Ava Field Comments: Ava has improved rapidly over the season through consistently applying feedback which has enabled her to become a key member in our team. She has become a well-rounded player in attack and defence as a link.</p>
Touch Football	Senior B	<p>Name: Cleo Hart Comments: Cleo consistently showed dedication to trainings and matches and took on feedback playing some awesome games and setting up moves in attack.</p>	<p>Coaches Award / Most Improved Name: Zara Wallace Comments: Zara consistently took on board feedback and has a 'team first' attitude.</p>
Touch Football	Middle A	<p>Name: Eleanor Bartter Comments: Throughout the season Eleanor has continued to develop her skills on the Touch field. She has been a dominant player with great execution of balls skills, ability to read the play and score by diving on the line. Not only is she a great individual player, she is also a great team member supporting and encouraging her team always. Eleanor has been a pleasure to coach.</p>	<p>Coaches Award Name: Wei Ning Khoo Comments: Wei Ning is only new to the sport of Touch, joining at the start of the season, but she has taken to it like a duck to water. She picked up on the rules, game strategy and set moves very quickly. Her natural speed and agility plus ball skills from her Rugby background have been an advantage. Wei Ning has been a pleasure to coach and can't wait to see what she does next season.</p>
Touch Football	Middle B	<p>Name: Tiana Trench Comments: Tiana demonstrates her commitment by attending every training and games with intent to learn and improve. She has showed great skill both on the field gaining ground with her speed and scoring tries with her agility.</p>	<p>Coaches Award / Most Improved Name: Chloe Sturt Comments: Chloe always attends trainings and matches with positivity and energy making her a very capable learner. She is eager to act on feedback and is not hesitant to put her full effort into trying something new.</p>

Tennis	Premier League	Name: Ayanna Roy Comments: Not only did Ayanna uphold her position as number one player because of her incredible skill set, but also because of her ability to set such an amazing example. Ayanna played with respect and grit which has led her to the presentation of this award.	Coaches Award / Most Improved Name: Kaylah Park Comments: Kaylah put her everything into every single match and often stepped up to a position 2 or more places above hers. Her determination was admirable and something that certainly did not go unnoticed.
Tennis	Division 1	Name: Caitlyn Sam-Ling Comments: Caitlyn played with consistency and calmness throughout the whole term. She managed to play competitive matches, never giving an easy win away.	Coaches Award / Most Improved Name: Bonnie Qu Comments: Bonnie, new to the tennis program at Saints, blew everyone away with her skill set! She even stepped up to play the 3 rd player of Open A!
Tennis	Division 3.3	Name: Sylvie Flavel Comments: Sylvie is a great member of the team and actively participates at both training and matches. She has showed great agility and technique this term and is always cheering her teammates on. She is always happy to take feedback on from coaches and is always searching for ways to improve.	Most Improved Name: Antra Docherty Comments: Antra began this season in the lower division, but through hard work she was quickly moved into the division above. Antra attends all trainings and matches with a positive mindset and cheers on all members of the team.
Tennis	Division 4.3	Name: Rongxin Shao Comments: Rongxin is a regular participant at both training and matches and is very supportive of her team. Rongxin is a pleasure to work with and a steady and dependable player,	Coaches Award / Most Improved Name: Taylor Muldoon Comments: Taylor started in 4.4 but has been there for 4.3 when needed. She has showed continued improvement throughout the term.
Tennis	Division 4.4	No Best and Fairest, as this was an internal competition	Coaches Award / Most Improved Name: Phoebe Liu. Comments: Attendance was excellent, she listened to instruction well, just got on with it without any fuss and was a good consistent performer. Worth a mention – Dorothy Shen, Angela Yuan and Jennifer Xu
Volleyball	Senior A	Name: Annabel Keough Comments: A powerhouse Outside Hitter and Server. A captain who leads her team from the front in skill and attitude with standout performances in every match she played. Encouraging every player to be the best "Saints" girl they can be.	Coaches Award / Most Improved Name: Ella Warwick Comments: A quiet achiever with great determination and always playing with a smile. Phenomenal skill growth in a short amount of time
Volleyball	Senior B	Name: Labrini Psaltis Comments: Labrini is a strong all-rounder and only improved as the season went on. She started off with great skill foundations and made efforts to gain understanding of tactics, and match awareness. It was great to see her confidence grow throughout the term.	Coaches Award / Most Improved Name: Shea Forster Comments: Shea always brought energy and effort into both trainings and games. She provided support to all players and cheered everyone on. She actively asked the coaches what she could do to improve and took on feedback well. She has come a long way from the start of the term.
Volleyball	Senior C	Name: Christy Cheng Comments: Served well throughout the whole season, developed passing and spiking skills. Good communicator and was instrumental in the setting up of 3 hits	Coaches Award / Most Improved Name: Maddie Oborn Comments: Great team player, showed up to all trainings and matches. Listened and adapted well to feedback leading to her improvement.
Volleyball	Senior D	Name: Adjoa Yawson Comments: Exceptional passing and serving skills, helping her teammates to set up 3 hits. She was particularly useful in the 'setter' position as she was able to	Coaches Award / Most Improved Name: Charlotte Balogh Comments: Consistent effort throughout the season, taking on new skills and challenges



Term 1 – Summer Sports Awards

		provide a nice high ball to a front court hitter.	at trainings. Took on feedback, leading to her improvement in passing and court movement.
Volleyball	Middle A	Name: Nishka Soodan Comments: Nishka's skills and experience ensured that no matter what situation she was in, whether it be trainings or games, good or bad, she was able to maintain a high level of technical ability and awareness on court, making her a very strong and reliable player.	Coaches Award Name: Jasmin Cetinkol Comments: A player who greatly improved over the term, adapting well to a new style of play, and keeping up with skills. Jasmin's contributions however to making noise on court, not just for her team but the Middle B's, brought much needed confidence and momentum to our side, increasing player and team performance. A well-deserved award.
Volleyball	Middle B	Name: Olivia Lu Comments: A calm, consistent and selfless player, Olivia has demonstrated her skills in both training and games. Being highly reliable in the heat of the moment, Olivia was able to create a focused environment for her team.	Coaches Award Name: Victoria Hii Comments: Every game and training, Victoria always came with a positive attitude and a willingness to play and improve. Despite being the youngest in the team, Victoria showed a great amount of courage and enthusiasm at trainings and games which did not go unnoticed by her teammates and the coaches. Victoria is a delight to coach.
Volleyball	Middle C Blue	Name: Anisha Pahuja Comments: Anosha showed dedication at trainings and at games. Her leadership skills were unmatched, helping her peers even in tougher moments of the games, her voice did not drop. Anisha is a very skilful player, has a fantastic serving technique, which we could always rely on. I feel lucky to have her on this team.	Coaches Award Name: Ruby Pahuja Comments: Ruby showed a great interest and dedication to the sport. She is a very coachable student, with great listening skills. Ruby was able to improve her technical skills and really found her voice towards the end of the season. Ruby is very resilient and supportive to her team mates. I feel grateful that she can be part of this team.
Volleyball	Middle C White	Name: Charlotte Di Blasio Comments: Charlotte is a player who was eager to improve and help her teammates. Competitive but composed she was able to remain focussed during trainings and games and was a great role model for the team.	Coaches Award Name: Hannah Ibrahim Comments: Hannah was very vocal and encouraging, always able to lift team spirits and support her teammates. Her willingness to give it a go inspired the team to keep going in games where motivation could easily be lost. She was always able to take on coaches advice and was eager to ask questions and learn.
Volleyball	Middle D Blue	Name: Elizabeth Ran Comments: Elizabeth always tried, even when she was struggling and when she got a serve in or saved a point, she was always so pleased with herself. She also displayed the same level of enthusiasm when one of her teammates played well. She was enthusiastic at training and was a good overall motivator and team player.	Coaches Award Name: Anna Tickner Comments: Anna always came to both training and games with a smile and an enthusiastic attitude. She tried so hard and while never quiet getting to the level of some of the other players she never gave up. The look on her face when she landed a serve or saved a point was priceless.
Volleyball	Middle D White	Name: Christine Zhang Comments: Christine was the Defacto captain of D White because she took it upon herself to rally the troops when things weren't going to plan, she led the cheer and was the first to grab a ball at both training and games and start practicing. Over the course of the season Christines skills also improved.	Most Improved Name: Maddie Romeo Comments: Maddie started the season with a less than optimal attitude but over time something clicked and she began to show abilities and qualities that will be a great foundation for not only future skills building but a leadership role as well.
Water Polo	Senior A	Name: Claudia Pearce Comments: Demonstrated excellent skill and composure as both a keeper and a	Most Improved Name: Zara Trim

		field player. A natural leader, Claudia brought the team together and shared her knowledge of the game with others.	Comments: Zara transitioned seamlessly into her first season of senior A water polo. She is very open to learning new skills in training and bringing positivity and enthusiasm on game day.
Water Polo	Senior B	Name: Shea Forster Comments: Her ability to read the game was excellent and her experience with senior water polo put her in a position of leadership in the pool. Her enthusiasm during trainings and game was also commendable.	Most Improved Name: Matilda Joy Comments: From never having played a game of water polo before, Matilda was very competitive in the final game of the season. Her awareness of the game was at a high level from the start and her skills greatly improved throughout the season.
Water Polo	Senior C	Name: Isla Fahey Comments: Isla had an excellent work ethic in the pool. She scored countless impressive goals, passed the ball beautifully to set up scoring opportunities, but most importantly, always ensured she swam back hard in defence, creating many turnovers.	Coaches Award Name: Genevieve Braithwaite Comments: Genevieve was an incredible team player. The positive attitude she brought to each game and training uplifted her teammates. Genevieve also had a willingness to improve, she continually sought out feedback and did her absolute best to integrate it into her game.
Water Polo	Middle A	Name: Natalia Quinn Comment: Natalia had a great first season of water polo. From the first game she showed her strength in the pool constantly winning the ball. Natalia never gives up swimming back chasing her or someone else's creating many turn overs.	Coaches award: Name Alice Richards Comment: never missing a game or training Alice has brought great positivity to the team. She is always asking for ways to improve and takes on feedback really well.